WHAT TO DO IF YOU THINK SOMEONE HAS BEEN POISONED

- 1. Stay calm.
- 2. If the person is having convulsions, or having trouble breathing, call 9-1-1.
- **3.** Otherwise, call Poison Control Centre for further advice.
- 4. The Poison Centre may ask about:
 - age and weight of the person?
 - what is the name of the poison or medicine?
 - how much was swallowed, inhaled, spilled?
 - when did this happen?
 - how is the person doing now?

ABOUT THE POISON CENTRE

- B.C. Poison Control Centre provides telephone information 24 hours a day, seven days a week.
- Specially trained pharmacists, nurses and doctors provide treatment advice for all kinds of poisonings, and poison prevention.
- You may be referred to a hospital or doctor's office, but most poisonings can be treated at home with advice from your poison control centre.
- The poison control centre can send you poison prevention pamphlets and phone stickers. Order from 604-682-2344, ext. 62126 or from our website: www.dpic.org.

FIRST AID FOR POISONING

EYE

Flush eye with lukewarm water for at least 5 minutes. Have person blink while flushing eye. Do not force eyelid open. Call the poison control centre.

SWALLOWED MEDICINE

Do not give anything to eat or drink until you call the poison control centre.

SWALLOWED CHEMICALS OR HOUSEHOLD PRODUCTS

Unless person is unconscious, having convulsions, or cannot swallow — give a small amount of water. Then call poison control centre.

INHALED

Get person to fresh air right away. Call the poison control centre.

SKIN

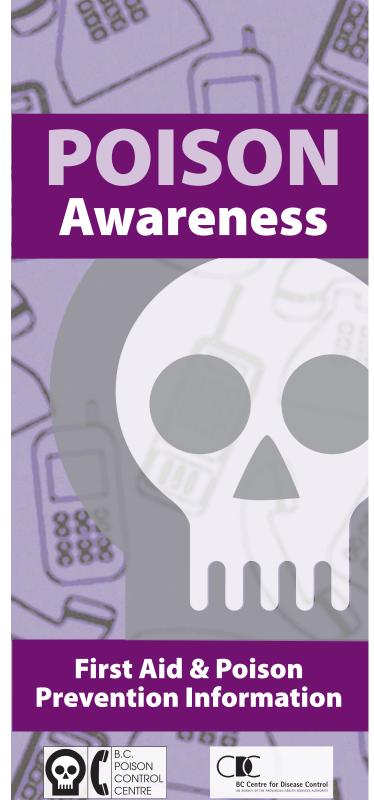
Remove contaminated clothing and flood skin with water for at least 5 minutes. Call the poison control centre.



B.C. Poison Control Centre

604-682-5050 1-800-567-8911





A poison is any substance that can cause harmful effects in the body. The property of the pulls in R.C. are

- Thousands of people in B.C. are unintentionally poisoned every year.
- Children under the age of six are at the greatest risk.
- Many poisonings can be treated at home with advice from your poison control centre.
- Don't guess. Be sure. Call.

MOST DANGEROUS POISONS...

- Medicines: including prescription and nonprescription pain relievers, diabetes medicines, blood pressure drugs, cough and cold medicines, tranquilizers, antidepressants.
- Cleaning products that can cause burns: drain opener, toilet bowl cleaner, oven cleaner, rust remover and chrome cleaner.
- Antifreeze
- Windshield washer solution
- Hydrocarbon products: lamp oil, lighter fluid, furniture polish, paint thinner, kerosene.
- Carbon monoxide
- Pesticides
- Wild mushrooms

HOW TO PREVENT A POISONING

Medicines

- ✓ Use only child-resistant containers.
- ✓ Keep in locked cabinets.
- Return to safe storage immediately after use.
- ✓ Always measure dose don't guess.
- ✓ Never tell children that medicine is candy.
- Never take medicine in front of children. They may imitate you.
- Keep purses and diaper bags out of children's reach. Also be aware of visitor's purses and bags.

Household Products

- Keep products in their original, labelled, child-resistant containers.
- Do not store products in food or beverage containers.
- Keep in locked cabinets.
- ✓ Return to safe storage immediately after use.
- Store products and food in separate areas.
- ✓ Never leave children alone with household products.

POISON-PROOF YOUR HOME

To give you a start in poison-proofing your home, here is a list of SOME common, potentally toxic substances.

Go through each room, make sure these are properly stored out-of-reach of small children and pets.

			BATHROOM	
	All drugs and pills		Aftershave lotion	
	Ammonia		All drugs, pills, patches	
	Ant/roach/bug killers		Bath oil	
	Automatic dishwasher detergent		Cleansers	
	Bleach		Deodorizers/sanitizers	
	Carpet/upholstery cleaners		Drain cleaners	
	Cleansers		Hair removers	
	Disinfectants		Liniments	
	Drain cleaners		Mouthwash	
	Fabric softeners (liquid and sheet)		Permanent wave solution	
	Furniture polish		Rubbing alcohol	
	Metal cleaners			
	Oven cleaners		Toilet bowl cleaners	
_	Rust removers	GΔI	RAGE/BASEMENT/STORAGE	
	Soaps/detergents		Antifreeze	
	Vitamins/fluoride/iron pills		Barbeque starter	
E	DROOM		Fertilizers	
	All drugs and pills	_		
_	Alli di dga di la pilia	Ш	Gasoline/kerosene	
	Baby powder	_	Gasoline/kerosene Glues	
			Glues	
	Baby powder			
	Baby powder Cough/cold medicines		Glues Lighter fluid	
	Baby powder Cough/cold medicines Cosmetics		Glues Lighter fluid Lime	
	Baby powder Cough/cold medicines Cosmetics House plants		Glues Lighter fluid Lime Lye	
	Baby powder Cough/cold medicines Cosmetics House plants Jewelry cleaners Nail polish/remover Perfumes/colognes		Glues Lighter fluid Lime Lye Mothballs/moth flakes	
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