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# Shampoo

**Article type:**

poison information

**Access:**

public



**Shampoo:** The following information applies to non-medicated shampoos (**does not include** prescription shampoos or products used to treat lice)

**What is in?** Shampoos contain soaps and detergents.

**Is it toxic?** Ingestion may cause an upset stomach. Exposure to the eye may cause irritation.

## Health Effects:

**Eyes:** May cause a burning sensation, irritation and tearing. Symptoms usually subside once the eye is rinsed.

**Ingestion:** Possible upset stomach and vomiting. Mild irritation to the mouth and throat may occur. Symptoms usually resolve once first aid measures are taken.

## What to do?

**Eyes:** Rinse eyes with a gentle stream of water for 5 minutes by any of the following methods:

- Pour a gentle stream of water from a jug or clean teapot over the eye from the inside corner by the nose, across the eye, flowing out towards the ear.
- Submerge eye in a container of water. Open and close eye.
- Young children may be wrapped like a mummy in a towel with arms at side and held over the sink, tub or laid on counter during flushing.

**Ingestion:** Rinse out mouth and drink a small glass of water or milk. Throat irritation may be relieved by sucking on a popsicle or ice cube.

**If symptoms persist after the above first aid measures contact the Poison Control Centre.**

**How can I prevent exposure?** Return product to safe storage after usage.

**Need more information:** Call the Poison Control Centre.

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## Keywords:

shampoo  
detergents

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**Source URL (retrieved on 2019-12-09 08:24):** <http://www.dpic.org/faq/shampoo>