Birth Control Pill

**Article type:**
poison information

**Access:**
public

Birth Control Pill: The following information refers to Birth Control Pills (BCP) sold in Canada only. **BCP sold outside of Canada may contain iron.**

**What is in it?** Contains progestogen hormone with small amounts of estrogen. Used to prevent ovulation and pregnancy.

**Is it toxic?** Poisoning is not expected from a one time ingestion. Possible stomach upset.

**Health Effects:**

**Ingestion:** May cause nausea and vomiting.
**What to do?**

**Ingestion:** Milk or food may reduce nausea. Vomiting usually goes away without any specific treatment.

**How can I prevent exposure?** Keep out of reach of children. Return to safe storage immediately after use. Never take medication in front of children as they may imitate you.

**Need more information:** Call the Poison Control Centre.

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