Children's Crayons

**Article type:** poison information  
**Access:** public

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**What is in it:** Most are made from wax.

**Is it toxic?** If made in Canada or the United States, they are relatively non-toxic. Occasionally, crayons made elsewhere may be contaminated with heavy metals.

**Health Effects:**
- **Ingestion:** May have laxative effect.

**What to do:**
- **Ingestion:** Rinse out mouth and drink a small glass of water or milk.

**Do not induce vomiting. If symptoms persist after the above first aid measures contact**
the Poison Control Centre.

**How can I prevent exposure?** Teach children not to put things in their mouths. Put crayons away after use. Do not allow young children to play with crayons without adequate supervision.

**Need more information:** Call the Poison Control Centre.